

Joyce P. Guanga, DDS, PA
640 Holly Springs Road
Holly Springs, NC 27540
(919) 557-0361
www.guangadentistry.com

PATIENT INSTRUCTIONS AFTER A CROWN PREPARATION

IMMEDIATE

In order to allow the crown to harden undisturbed, avoid eating or drinking for one hour after you leave. The tooth is likely to ache slightly for the first 24 hours. We suggest that you take Advil or Tylenol as soon as possible after you leave.

DIET

The temporary crown is not as strong as your permanent crown. Avoid **hard,crunchy foods (peanuts, popcorn, ice, etc.)** that could break the temporary and **soft, sticky foods (gum, caramel,etc.)** that could pull the temporary off. Your tooth may seem sensitive to very cold or hot liquids and foods. This is because the temporary crown does not fit as tightly as the permanent crown and some prepared tooth may be exposed and reacting to the temperatures.

MEDICATIONS

If your tooth continues to ache after 24 hours, try taking 2-3 tablets of Advil (Ibuprofen) 3 x a day for 2-3 days (or the recommended dose of Tylenol (Acetaminophen) if you can't take Advil. If your tooth continues to ache, **call** your doctor.

PROBLEMS

If your temporary crown should break or come off, call your doctor **RIGHT AWAY**. If a temporary crown is left off a tooth for more than a day or two, the tooth could move and affect the fit of the permanent crown. This could involve additional TIME and EXPENSE to have a new crown made. If you cannot return to the doctor right away, place the crown back in your mouth with temporary cement from the pharmacy, **(DENTEMP OS)**, or denture adhesive, or use a home remedy of a mixture of flour and Vaseline. Make sure tooth is dry before cementing the temporary crown. **DO NOT USE** a commercial cement like Super Glue.

Although we check the bite on the crown before you leave, your bite may change when the anesthesia wears off and you may feel like the crown is too high. Please call the office right away so that it can be adjusted and additional discomfort avoided.



JOYCE P. GUANGA, D.D.S., P.A.

640 Holly Springs Road

Holly Springs, NC 27540

Telephone: (919) 557-0361

CARE OF MOUTH AFTER EXTRACTIONS

Continue biting on gauze for one hour. Following extractions some bleeding is to be expected. If persistent bleeding occurs, place new gauze pads over the bleeding area and bite firmly for one more hour.

Do not rinse mouth today. Tomorrow rinse mouth gently every 3 to 4 hours (especially after meals) using one-quarter teaspoon of salt to a glass of warm water. Continue rinses for several days.

Swelling. Ice bag or chopped ice wrapped in a towel should be applied to the skin opposite of the surgical area, one half hour on and one half hour off for 4-6 hours.

Pain. For mild pain use medicine you would normally use for a headache.

Food. A light diet is advisable during the first 24 hours. Avoid excessively hot, spicy, and hard foods which will irritate area of surgery.

Bony edges. Small sharp bone fragments may work up through the gums during healing. These are not roots; if annoying, return to this office for their simple removal.

No smoking for at least 48 hours.

No carbonated beverages.

No drinking through straws.

No spitting.

The proper care following oral surgery procedures will hasten recovery and prevent complications.

If any unusual symptoms occur, call the office at once.